

# Hopelands Preparatory School

38/40 Regent Street, Stonehouse, Gloucestershire, GL10 2AD

## Newsletter 20<sup>th</sup> October

#### **Dates for your Diary**

October 21<sup>st</sup> to October 29<sup>th</sup> Half Term

November 8<sup>th</sup> Head's Tea Party

November 12<sup>th</sup> Friends of Hopelands Disco

November 16<sup>th</sup> School Photographs – Individual & Siblings

**November 17**<sup>th</sup> We The Curious Trip – R/Y1/Y2

November 26<sup>th</sup> Friends of Hopelands Quiz

December 2nd Flu Immunisation, R – Y6

December 8<sup>th</sup> Nativity – R/Y1/Y2, 4-5pm

December 10th Christmas Service, St Cyr's 2-3pm

**December 13<sup>th</sup>** Christmas Show – Y3/4/5/6 Times TBC

#### **After School Care**

If you are planning to use after school care on the day of the FoH disco, 12<sup>th</sup> November, can you please let the office know so that we are able to manage numbers, thank you.

#### In this week:

- Message from Mrs Bradburn
- Harvest Festival
- Science
- Year 5
- Dance
- Year 1
- Halloween
- Head's Tea Party
- Yoga
- Meet the Teacher

#### Lost Property

Please look out for the following lost property items, thank you.

Pink/purple glasses - Florence

PE Polo Top – Anthony Tiptaft

School Coat – Arthur Crane

School Jumper – Arthur Lloyd

PE Coat – Juniper Cook



For all the latest pictures and weekly activities please follow our Facebook page @HopelandsPreparatorySchool

#### Message from Mrs Bradburn

Good afternoon Parents

I wanted to thank you for your patience last week when we had a visit from the ISI inspection team. Unfortunately, I am unable to give you any feedback at this point, but we will notify you when we receive the final report. Needless to say, we survived and are looking forward to the half term break.

Most of the teacher/parent meetings have now been carried out. If you have any concerns at, all please let me know.

I wish you a restful half term wherever you may be. I know the children are ready to unwind and spend time with their families. I look forward to seeing them back the week after next.

## **Harvest Festival by Miss White**

Everyone at Hopelands would like to extend a huge THANK YOU for all the wonderful food bank contributions.

Our Harvest Festival is always a special time (and even more so after the past 18 months) so it was wonderful to see so many happy and supportive faces there. The children thoroughly enjoyed themselves and having an audience made all the difference!

Thank you to all parents who supported the event in so many ways and thank you to the pupils themselves - they were all superstars.



## **Science by Mrs Stevenson**

Year 2 had a very enjoyable science lesson investigating where woodlice like to live. We used old shoe boxes to create 'ideal habitats' and 'unappealing habitats' for woodlice and then added a handful of woodlice and watched to see where they chose to spend their time. The children used wet leaves, bark, twigs, soil and even some flowers to make lovely woodlice homes and the woodlice had loads of fun climbing up the sides and jumping off the top!



## Year 5 by Mrs Stevenson

Year 5 were treated to a culinary delight on Tuesday when Mr Benson visited to show us how to cook Jollof Rice with fried Plantain. We learnt a lot about which different festivals are celebrated in Nigeria and what families traditionally eat on those occasions. The food was absolutely delicious, and we ate up every last grain of rice! A huge thank you to The Bensons for giving up their time and sharing their recipes with us.



## Dance by Mrs Holloway

This term we have been choreographing dances inspired by Olympic sports. Each child had input into creating a short sequence in small groups. It has been inspiring to see the children's creativity.

Year 5 watched synchronised swimming and created an effective routine. They performed this to the whole school who viewed it from the upstairs windows to see the formations and patterns they created.



Years 3&4 created interesting moves and shapes based on the gymnastics they watched. When the work of each small group was brought together in one larger piece it was very effective.



Years 1&2 were inspired by the speed and shape of the swimmers' arms and legs and were able to produce a rather complex piece.

# Year 1 by Mrs Jobanputra

As part of our Geography learning, we went on a walk around the school to observe our local area.



## **Halloween Day**

Wow so many amazing outfits! Thank you all for your support with this. The children had a great time with Halloween activities taking place throughout the day.



# Halloween Day



# Halloween Day



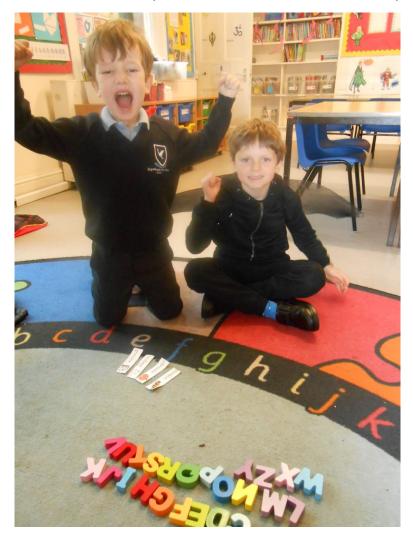
## L'Halloween- La Journée de L'alphabétisation! by Madame Trebble

#### <u>Key Stage 1</u>

The children in Reception learned some key Halloween vocabulary, listened to and said a poem which they then acted out.

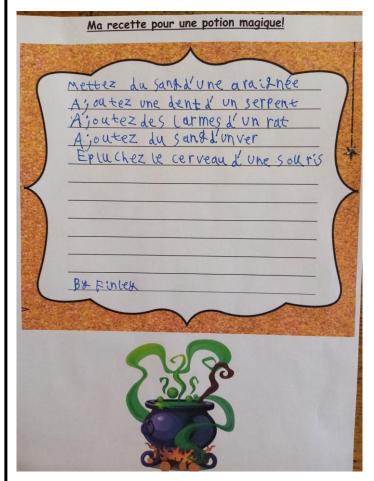


Year 1 learned another Halloween poem which included revising some French numbers too. They ordered the letters of the alphabet and worked in teams to put the French Halloween words in alphabetical order.



## L'Halloween- La Journée de L'alphabétisation! by Madame Trebble

#### Key Stage 2



Year 4 also looked at some French poetry and used their translation skills to work out previously unseen vocabulary. They played word spot games with the poems and wrote recipes for a magic potion in French.

Year 6 wrote letters to include information about themselves as well as writing about how they are going to celebrate Halloween.

mardi, le 19	octobre	
Bonjour M	ania,	
Comment ço	va ? Moi, sava, n	nerci. Je m'appelle
Natild. J'ai	diz ons. Quel i	ige as-tu ? ha
date de mo	on anniversaire, a	l'est le trois
mors auel	est la date de	ton angiversaile?
J'ai w	frère. As-bu	des frères ou
de soeurs	2	
	arrive. l'est sup	
	ne déguiser en :	
passer 1' H	alloween avec	ma famille.
Est-ce que	the fêtes Ha	Howeeny
	An revoir	
	Matilda	
4		
	5 .	

## **Heads Tea Party**

Sausage rolls, cake and plenty of squash means there is a Heads Tea Party happening! It was lovely to see the Year 6 with their Reception buddies, enjoy the goodies on offer in Mrs B's office.





## Mrs J's Yoga Club

Did you know Yoga and mindfulness have been shown to improve both physical and mental health in school-age children?

A growing body of research has already shown that yoga can improve focus, memory, self-esteem, academic performance, and classroom behaviour!

Top 5 reasons why you should sign up for yoga:

#### 1. Yoga enhances children's concentration and memory.

One of the top benefits of children's yoga is that the different types of moves require children to focus and work on their memory skills - both of which can translate over into their academic performance.

#### 2. Yoga improves children's emotional regulation.

Another benefit of yoga for children is that it helps children learn to be in the present moment while relaxing and gaining a peaceful state of mind, which ultimately improves their emotional regulation.

#### 3. Yoga boosts children's self-esteem.

Yoga for children can do wonders for their self-esteem. Perfecting a pose or improving their balance and flexibility can give young children a sense of personal empowerment.

### 4. Yoga develops children's strength and flexibility.

Yoga helps strengthen children's growing bodies and helps them improve their flexibility.

#### 5. Yoga helps children manage their anxiety.

The breathing exercises and relaxation techniques learned from practicing yoga can help children with stress management. Teaching children how to reduce stress in a healthy way is an important life skill that will help them as children and as adults.

## <u>Sign up for Yoga – Every Tuesday – 3.45-4.30 open to all children</u> <u>from reception to Year 6!</u>

**MEET THE TEACHER** 

# Hello! My name is:

# Mrs Stevenson

#### My education

I studied for my chemistry degree at Exeter University and then went to the University of Birmingham to do a Post Graduate Certificate in Education, specialising in Secondary Science and Chemistry to A level.

I taught science for 11 years then I moved to France and taught English for ten years before returning to England and switching to Primary.

#### I like

I am very excited to be at Hopelands and to have the opportunity to teach my two favourite subjects – maths and science. Hopelands is unique and the small classes allow for so many more experiences and experiments than in larger schools and I am delighted to be here!

# In my spare time I

I enjoy walking, DIY, running and archery.

I also love holidays, cooking and trying new restaurants

Phad Kee Mao

(Thai spicy chicken noodles)

My favourite food is

## My contact details

1 am Year 5 Form Tutor and Science Lead. My working days are: Monday, Tuesday and Friday

jstevenson@hopelands.org.uk

I like the colour